



City of Seattle
Human Services
Department

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FOR MORE INFORMATION, PLEASE CONTACT THE FOLLOWING INDIVIDUALS:

Emergency Food Programs
Fe Arreola, or Edwin Obras
Seattle Human Services Department
(206) 684-0281

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Food Resources
(206) 694-6757

Shayne Kraemer
Meals Partnership Coalition
(360)341-1309

Food Safety
Public Health Seattle & King County
Tony Bui
(206) 296-4632

Public Safety
West Precinct Community Police Team
Seattle Police Department
(206) 684-8996

Parks Use/Permits
Seattle Parks Department
(206) 684-4080

This information is also available at the following
website:

<http://www.cityofseattle.net/humanservices/csd/default.htm>

**“Hunger haunts America. Millions of people
across our land are regularly without enough
food to sustain them... Hunger in this land of
plenty is morally unacceptable.”**

Food Research and Action Center Statement of
Principles:
Fighting Hunger in America

There are over 50 emergency meal programs in Seattle. Aside from providing hot, nutritious food to homeless and hungry people, many of these programs offer other services, including shelter, job training and employment assistance, drug/alcohol treatment, mental health counseling, hygiene services, and medical care.

In addition to these programs, several groups and individuals serve snacks and meals outdoors. Although serving something as simple as sandwiches or soup prepared in a church kitchen (home preparation is not permitted) seems safe enough, it can present many problems and hazards:

Scheduling Conflicts. The time you choose to serve a meal may conflict with meals being served nearby. You may end up with only a few people showing any interest in eating what you have to offer, or cause fewer people to show up for a regularly scheduled meal, thus causing food to go to waste.

Health and Safety Hazards. When you serve a meal outdoors, food and serving containers are discarded by the meal participants. If the garbage is not properly disposed of, and the area is not thoroughly cleaned, what is left behind feeds rats and carries disease to people (homeless included) who live and work in the area.

Foodborne Illness. The Health Department has strict rules and regulations regarding the storage and serving of food. Food must be maintained at proper temperatures to prevent spoilage. Proper hand-washing, a top priority when working with food, is not usually possible at a park or other outdoor facility. These rules were developed to ensure that homeless people, who are already at risk, do not get sick from eating spoiled or contaminated food.

Because of these concerns, providing food in public parks is not recommended, and it is a violation of City ordinance to operate a food program in a park without a Park permit. The Police Department is obligated to document any violations, as required for any violation of law. Groups or individuals wishing to provide meals to homeless people are encouraged to offer their time and resources to one of the established emergency meal programs.

WHAT CAN YOU DO TO HELP?

Volunteer your time. Meal programs need volunteers to prepare and serve food, clean up after

meals are served, pick up food donations, and provide other support.

Donate food. Protein items such as meat, fish, peanut butter, and powdered milk are always in demand, as are canned goods and fresh produce.

Make a financial contribution. A cash donation to the meal program of your choice can help that program buy food, pay for the transportation of donated food, or purchase needed supplies. A monthly pledge provides a predictable source of funding, which is needed and appreciated by these programs.

Do you belong to a church, synagogue, or social group, or are you employed? If so, you can make an even bigger impact by encouraging your congregation, social club, or co-workers to “adopt” a meal program, and provide continuous support through regularly collecting food or making financial contributions.

OTHER OPTIONS

The City of Seattle recognizes that some people prefer to work independently. For this reason, Seattle’s Outdoor Meal Site on the corner of 6th Avenue and Columbia Street in downtown Seattle has been designated for the outdoor food distribution by groups and individuals wishing to provide food outdoors. Meal providers operating at this site shall abide by food handling and food safety regulations set forth by the Public Health Department.

A

Guide to Providing Meals for Homeless and/or Hungry People in the City of Seattle

Programs listed in this brochure comply with all federal, state, and local regulations prohibiting discrimination, and all make accommodations for people with disabilities.

This brochure is produced and updated at least once annually by the City of Seattle Human Services Department. Some of the information was provided by Public Health Seattle & King County.

Listed below are many of the agencies which offer free meals to homeless and/or hungry people in Seattle/King County. They need your help!

Angeline’s
2030 Third Avenue
(206) 436-8650
Serves breakfast and lunch to homeless women seven days a week.

Auburn Community Supper
100 “N” St. SE, Auburn
(253) 833-8925
Dinner served Mondays to people in need.

Asian Congregate Meal Program--Legacy House
(206) 292-5184
Meals served at Bush Hotel, Monday – Friday. Must be 60 years of age or older or spouse of any age.

Asian Counseling & Referral Service
(206) 695-7522
ACRS operates six meal programs, which primarily serve Cambodians, Koreans, Tongans, Samoans, Vietnamese and other Asian populations.

Blessed Sacrament Church
5050 Eighth N.E.
(206) 547-3020
Lunch served Sundays to people in need.

Bread of Life Mission
97 South Main Street
(206) 682-3579
Serves dinner daily, primarily to homeless people.

Community Lunch
1710 – 11th Avenue
(206) 322-7500
Lunch served 12-1 Tuesdays and Fridays.

Denny Place Youth Shelter
(206) 328-5693
Serves dinner and breakfast to overnight shelter youth clients ages 14-17.

Downtown Emergency Service Center
517 Third Avenue, (206) 464-1570
Serves dinner Sunday-Saturday to overnight shelter clients.

El Centro de la Raza
2524 16th Avenue South
(206) 329-7960
Serves lunch Monday-Friday to men, women, and children in need.

Cathedral Kitchen
803 Terry
(206) 322-2447
Serves dinner Monday-Friday to women, families, children and men over 55.

First Avenue Senior Service Center
2015 Third Avenue
(206) 441-9830
Serves lunch daily and dinner four days a week, primarily to homeless people.

Immanuel Lutheran Church
1215 Thomas Street
(206) 623-3779
Serves lunch every Wednesday to people in need.

Jubilee Dinners
111 N.E. 80th
(206) 523-7476
Serves dinner the last Sunday of each month to people in the community in need.

Lazarus Day Center
416 Second Avenue, Extension South
(206) 623-7219
Serves lunch Monday-Friday to women and men 50 years of age or older.

Lunchtime at St. Lukes
St. Luke’s Episcopal Church
5710 – 22nd Avenue N.W.
(206) 784-3119

Millionair Club
2515 Western Avenue, (206) 728-5600
Serves breakfast and lunch five days a week.

Monday Feeding Program
225 North 70th, (206) 782-3776
Lunch served every Monday to people in need.

New Horizon Ministries
2709 Third Avenue, (206) 374-0866
Breakfast served to youth 21 years old and under Tuesdays. Dinner served to youth 22 years old and under five days a week.

Our Lady of Mt. Carmel
508 Broadway, (206) 324-1305
Serves breakfast daily to people in need and are sober.

Outdoor Meals
Seattle’s Outdoor Meal Site, 1-866-277-9252
6th Avenue and Columbia Street

Please call OPERATION: Sack Lunch
1-866-277-9252 for complete meal schedule.

Special meals around the holidays.

Outreach Breakfast
400 East Pike, (206) 322-7411
Breakfast served two Saturdays a month, primarily to community members in need.

PACIFIC ASIAN EMPOWERMENT PROGRAM
Filipino Senior Services
5470 ML King Jr. Way South, (206) 324-0269
Serves lunch Tuesdays and Thursdays to people in need.
Laotian & H’mong Senior Services
6721 51st Avenue South
(206) 324-0269
Serves lunch Tuesdays and Fridays to people in need.
Polynesian Nutrition Program
3701 S. Oregon St.
Serves lunch Monday, Wednesday, and Friday to people in need.

Phinney Neighborhood Association Soup Kitchen @ St. John Lutheran Church & Calvary Lutheran
5515 Phinney Ave. No. & 7002 – 23rd Ave N.W.
(206) 783-2244
Serves Monday lunch at Calvary Lutheran.
Serves Wednesday lunch and Tuesday dinner at St. John’s to people in need.

Sacred Heart/St. Vincent de Paul
205 Second Avenue North
283-2104
Lunch served Thursdays to people in need.

Saturday Kitchen
4554 12th N.E.
(206) 632-5188
Lunch served every Saturday to community members in need.

Seattle Indian Center
611 12th Avenue, 329-8700
Lunch served Monday-Friday to Center and Seattle Indian Health Board clients, and to neighborhood residents.

Seattle Union Gospel Mission
318 Second Avenue, Extension South
622-5177
Free lunch served six days a week. Also runs a low cost cafeteria for low-income persons.

The Friday Feast
University Temple United Methodist Church
N.E. 43rd Street & 15th Avenue N.E., 726-4289
Dinner served Fridays to people in need. All welcome.
No restrictions.

University District Street Ministry
45th & 16th N.E.
522-4366
Serves dinner five days a week to youth.

William Booth Center
811 Maynard Avenue, 621-0145
Serves breakfast and dinner daily to shelter and transitional housing residents.

Youthcare’s Orion Center
1020 Virginia, 622-5555
Lunch and dinner served Monday-Friday to homeless youth 11-19 years of age.